



Concise Compendium of Indigenous Resources for Kindergarten to Grade 12

LSF
Learning for a
Sustainable Future



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service de la Terre

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Introduction

In our commitment to reconciliation, it is essential to take proactive steps to integrate Indigenous perspectives into the classroom. [Learning for a Sustainable Future](#) (LSF) has selected and reviewed a variety of Indigenous resources, lesson plans, literature, outdoor activities, and videos available in the [Resources for Rethinking](#) database.

To support this learning, LSF has developed a concise compendium of excellent Indigenous resources to help get you started. This compendium is designed to help teachers incorporate Indigenous Knowledge content into their instructional practices, with a focus on Indigenous Ways of Knowing and the Etuaptmumk (Two-Eyed Seeing) approach. By providing relevant tools and resources, the compendium aims to enhance the understanding of Indigenous Peoples' knowledge and culture among both Indigenous and non-Indigenous educators.

The compendium includes resources that integrate Indigenous perspectives and knowledge systems into teaching, such as lesson plans, books, videos, artwork, and other resources created by Indigenous authors, artists, and knowledge keepers. Some of the resources teach storytelling, place-based learning, and other Indigenous pedagogies to support student learning and understanding. To enhance learning, we suggest collaborating with Elders and establishing partnerships with local Indigenous communities and organizations to support student learning and foster a deeper appreciation of Indigenous cultures and histories. Integrate Indigenous content and perspectives into existing subjects, such as history, social studies, language arts, and science. The goal is to create a more inclusive and culturally responsive learning environment that respects and values both Indigenous and Western ways of knowing and being.

Every teacher has a responsibility to incorporate the principles of the United Nations Declaration on the Rights of Indigenous Peoples (UNDRIP) and the Calls to Action from the Truth and Reconciliation Commission (TRC) into their classrooms. This involves promoting intercultural understanding, empathy, and respect for Indigenous cultures, histories, and perspectives. This compendium provides support for articles 13.1 and 31.1 of the United Nations Declaration on the Rights of Indigenous Peoples (UNDRIP).

Indigenous Ways of Knowing - Indigenous peoples' traditional knowledge, skills, and practices passed down from generation to generation through Elders or Knowledge Keepers

Article 13.1 - *Indigenous peoples have the right to revitalize, use, develop and transmit to future generations their histories, languages, oral traditions, philosophies, writing systems and literatures, and to designate and retain their own names for communities, places and persons.* (UNDRIP)

Etuaptmumk (Two-Eyed Seeing) - The concept of Two-Eyed Seeing was developed by [Mi'kmaw Elder Albert Marshall](#) in 2004. It blends the strengths of Indigenous Knowledge with Western Science and acts as a guiding principle that develops a richness of understanding informed by multiple perspectives.

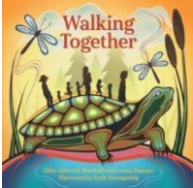
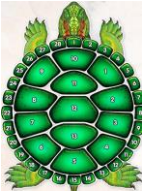
Article 31.1 *Indigenous peoples have the right to maintain, control, protect and develop their cultural heritage, traditional knowledge and traditional cultural expressions, as well as the manifestations of their sciences, technologies and cultures, including human and genetic resources, seeds, medicines, knowledge of the properties of fauna and flora, oral traditions, literatures, designs, sports and traditional games and visual and performing arts. They also have the right to maintain, control, protect, and develop their intellectual property over such cultural heritage, traditional knowledge, and traditional cultural expressions.* (UNDRIP)

To access more resources for Indigenous education, the [Resources for Rethinking](#) website features an Indigenous search tool designed to help educators find educational materials related to Indigenous knowledge, perspectives, and reconciliation. This tool allows teachers to explore various themes, including Indigenous Ways of Knowing, Etuaptmumk (Two-Eyed Seeing), Traditional Ecological Knowledge, Rituals and Spirituality, and the impacts of Residential Schools.



Concise Compendium of Indigenous Resources for Kindergarten to Grade 12:

Kindergarten - Grade 4

Resource Title	Resource Type	Publisher	Synopsis	Topics Covered	Year
<u>Walking Together</u> 	Literature	Annick Press	This picture book introduces readers to the concept of Etuaptmumk or Two-Eyed Seeing, as we follow a group of young children connecting to nature as their teacher. The poetic picture book aims to connect students with nature by respecting the strengths of Indigenous and non-Indigenous knowledge and ways of knowing.	Two-Eyed Seeing Integrating Indigenous Knowledge with Western Knowledge Indigenous cultures and traditions Environmental conservation & protection	2023
<u>Visiting with the Land</u>  Leaves Falling Moon - pinaskowipisim Métis Knowledge Holder Krista Leddy!	Videos	Rupertsland Institute Métis Centre for Excellence	This resource is a series of twelve videos featuring guiding questions designed to enhance understanding of the Métis relationship with the Land. Narrated by Métis Knowledge Holder Krista Leddy, this series teaches students how to maintain a respectful connection with the land, which includes the waters, animals, plants, and all our relations.	Indigenous Ways of Knowing Land, animals, plants Connecting respectfully with the land	2022
<u>Thirteen Moons</u> 	Lesson Plan	Defining Moments Canada	This resource is a guide to begin exploring the 13 Moons as a way of tracking and understanding our environment and the passage of time. It is intended to initiate conversations around the importance of honouring Indigenous knowledge. The activities focus on Two-Eyed Seeing to help educators and students incorporate Indigenous and Western knowledge into learning.	Indigenous Ways of Knowing TEK Two Eyed Seeing Indigenous Beliefs and Cultures	2023

Grade 5 - Grade 8

Resource Title	Resource Type	Publisher	Synopsis	Topics Covered	Year
<u>Learning from the Land</u> 	Other Tools Story Map	Canadian Geographic Education	This story map emphasizes the deep and enduring connection between Indigenous Peoples and the land, highlighting the importance of understanding the land as a source of life, identity, and cultural traditions. It showcases how Indigenous knowledge and practices are deeply intertwined with the cycles of nature and the seasons.	Indigenous land-based learning Traditional knowledge Elders	2022
<u>Two-Eyed Seeing: Weaving Indigenous and Western Ways of Knowing</u> 	Video	Science North	Two-Eyed Seeing is an Indigenous teaching that means to braid the two ways of knowing, Indigenous Knowledge and Western perspective, together to create something stronger and be able to see things more holistically. Lydia Johnson shares the importance of weaving knowledge systems and how to incorporate Two-Eyed Seeing into our everyday lives.	Two Eyed Seeing Indigenous Knowledge Interconnectedness in an Ecosystem Climate Change	2024
<u>Everything is One</u> 	Outdoor Activity	Invasive Species Council of BC	Students are introduced to the deep knowledge and connections that Indigenous people have with the land and the natural world. Learning about traditional knowledge and how invasive species can impact people's relationship with the environment.	Indigenous Ways of Knowing Invasive Species Ecosystems Interconnectedness	2021

Grade 9 - Grade 12

Resource Title	Resource Type	Publisher	Synopsis	Topics Covered	Year
<u>Two-Eyed Seeing: Science and Traditional Ecological Knowledge</u> 	Video	California Academy of Sciences	As we urgently seek to regenerate the natural world, what can we learn from the original stewards of our planet? In this video, Indigenous peoples and scientists advocate for "two-eyed seeing," or uniting traditional ecological knowledge with modern science:	Two-Eyed Seeing Traditional Ecological Knowledge Sustainable environments	2022
<u>Guided Inquiry Prompts: Weaving Indigenous and Western Sciences</u> 	Other Tools	Defining Moments Canada	This learning experience focuses on Indigenous and Western ways of knowing around the sciences. The resource provides five sets of guided inquiry prompts that incorporate components of Two-Eyed Seeing (Etuaptmumk) with the goal of inviting discourse about the nature of science.	Indigenous Ways of Knowing Two-Eyed Seeing Climate Change Mitigation	2023
<u>Four Directions Teachings</u> 	Audio/Video	Canadian Heritage	A visually stunning audio-narrated resource for learning about Indigenous knowledge and philosophy from five diverse First Nations in Canada. This resource honours oral tradition by creating an environment where students are encouraged to listen as each Elder shares a teaching from their perspective on the richness and value of cultural traditions from their culture.	Indigenous Ways of Knowing Oral Traditions Cultural Elements	2012